



Leadership & Management

Emotional Intelligence for Leaders

الذكاء العاطفي للقادة

Duration

5 or 10 days

Language

English or Arabic

Formats

Classroom, online, in-house

Hours

35 / 70

Overview

Emotional Intelligence for Leaders is part of the Leadership & Management track at Garnet Global Training Center. Programs for managers who need to set direction, decide well and bring people with them. The course is taught in English or Arabic as a 5-day or 10-day program, in classrooms in cities such as Dubai, Riyadh, Cairo, London and Istanbul, or live online, and it can be delivered in-house with examples and exercises built around your own operations.

What you will be able to do

- Explain the principles, terminology and standards that govern Emotional Intelligence for Leaders.
- Apply proven methods and tools to real situations from your own workplace.
- Analyse performance gaps, risks and root causes, and choose the right response.
- Measure results with practical indicators and report them clearly to management.
- Leave with a personal action plan you can start using the following week.

Who should attend

Executives, senior managers, team leaders and high-potential employees.

Key topics

- Strategic thinking and direction setting
- Leading teams and performance
- Communication and influence
- Decision quality under uncertainty
- Managing change and resistance
- Personal leadership action plan

Formats and fees

5-day classroom	USD 4,750
5-day online	USD 2,950
10-day classroom	USD 8,950
10-day online	USD 5,450
In-house	Quotation per group

Fees per participant, excluding VAT.

Register or ask

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Email: info@garnettrainings.com

Training: training@garnettrainings.com

Web: www.garnettrainings.com

Sharjah Publishing City Free Zone,
Sharjah, UAE

Certificate

Participants who attend at least 90% of sessions and complete the final assessment receive a certificate of completion stating 35 contact hours (5-day) or 70 contact hours (10-day).

5-day outline

Day 1 Foundations of Emotional Intelligence for Leaders

- Scope, terminology and governing standards
- Strategic thinking and direction setting

Day 2 Methods and tools

- Leading teams and performance
- Communication and influence

Day 3 Application and case studies

- Decision quality under uncertainty
- Personal leadership action plan

Day 4 Performance, risk and compliance

- Managing change and resistance
- Measurement and reporting

Day 5 Workshop, assessment and action plan

- Hands-on workshop on a workplace challenge
- Final assessment and personal action plan

10-day outline

Day 1 Foundations of Emotional Intelligence for Leaders

- Scope, terminology and governing standards
- Strategic thinking and direction setting

Day 2 Methods and tools

- Leading teams and performance
- Communication and influence

Day 3 Application and case studies

- Decision quality under uncertainty
- Personal leadership action plan

Day 4 Performance, risk and compliance

- Managing change and resistance
- Measurement and reporting

Day 5 Workshop, assessment and action plan

- Hands-on workshop on a workplace challenge
- Final assessment and personal action plan

Day 6 Advanced techniques and specialist practice

- Complex cases in depth
- Common mistakes and how to avoid them

Day 7 Digital tools, data and automation

- Analysis tools and software
- Using AI in this field

Day 8 Benchmarking against international practice

- Global performance benchmarks
- International case studies

Day 9 Capstone project

- Analyse a real challenge from your organisation
- Build the solution and implementation plan

Day 10 Presentations, final assessment and certificates

- Project presentations and review
- Final exam and certificate award

Schedule 2027–2030

Dates	Format	City	Language	Fee (USD)
18–29 Jan 2027	10-day classroom	Istanbul	English	8,950
8–12 Mar 2027	5-day classroom	Dubai	Arabic	4,750
12–16 Apr 2027	5-day online	Live online	Arabic	2,950
6–10 Sep 2027	5-day classroom	Abu Dhabi	English	4,750
11–22 Oct 2027	10-day online	Live online	English	5,450
6–17 Feb 2028	10-day classroom	Manama	English	8,950
4–8 Jun 2028	5-day classroom	Kuwait City	English	4,750
10–14 Jul 2028	5-day classroom	Istanbul	English	4,750
13–24 Nov 2028	10-day online	Live online	Arabic	5,450

Dates	Format	City	Language	Fee (USD)
11–15 Dec 2028	5-day online	Live online	English	2,950
19–30 Mar 2029	10-day online	Live online	English	5,450
2–13 Jul 2029	10-day classroom	Istanbul	English	8,950
20–24 Aug 2029	5-day online	Live online	Arabic	2,950
12–16 Nov 2029	5-day classroom	Dubai	Arabic	4,750
17–21 Dec 2029	5-day classroom	Kuala Lumpur	English	4,750
18–29 Mar 2030	10-day classroom	Dubai	Arabic	8,950
8–12 Apr 2030	5-day classroom	Kuala Lumpur	English	4,750
13–24 May 2030	10-day online	Live online	English	5,450
7–11 Jul 2030	5-day classroom	Riyadh	Arabic	4,750
14–18 Oct 2030	5-day online	Live online	Arabic	2,950

Customised and in-house versions of this course are available on request. www.garnettrainings.com/en/customise/